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Bilateral Turbinate Reduction POST-OPERATIVE CARE INSTRUCTIONS

WHAT TO EXPECT

- Minimal bleeding from the nose can be expected after surgery up to 10 days after surgery
- Nasal congestion, swelling inside the nose and/or dry crusting of the nose for up to 14 days after surgery can be expected. When this occurs, saline nasal mist and Bacitracin ointment should be gently applied to the nose with Q-tip twice daily.

POST-OPERATIVE VISIT

- Please schedule an appointment to see Dr. Respler **three months after surgery** for normal post-operative care.