

TURBINATE REDUCTION SURGERY– Post-Operative Care Instructions

WHAT TO EXPECT

- Minimal bleeding from the nose up to 10 days after surgery
- The feeling that there is a foreign substance or packing in the nose
- Nasal congestion, swelling inside the nose and/or dry crusting of the nose for up to 14 days after surgery can be expected. Gently apply Saline nasal mist and/or Bacitracin ointment to the nose 2x daily.

FOLLOW-UP CARE

A post-operative visit should be scheduled approximately **3 months after surgery**

QUESTIONS?

Please call our office at **(201) 996-9200** with any concerns. We are honored to be part of your child's care.