

ENT Institute of NJ

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PRE-OPERATIVE INSTRUCTIONS

- Our office will contact you within one week to confirm your **surgery date.**, but **surgery time** will be confirmed closer to your surgery date.
Once scheduled, there is a \$100 fee to cancel surgery due to a non-medical reason.
- **Surgery times** are sequenced by the hospital a few days before surgery in age order with our youngest patients scheduled earliest.
- Within two (2) weeks of your scheduled surgery date, Holyname Medical Center will contact you to schedule COVID testing and any other necessary pre-operative testing. If you have not heard from HolyName within two (2) weeks of your surgery, please contact them directly at **201-833-7000 using option 3**
- On the date of surgery, the patient may not have any food starting **seven (7) hours** before the surgery time. **Adults may not have any liquids or food** for seven (7) hours and **children age 12 and under may only have water, apple juice or light tea until four (4) hours** before scheduled surgery time.
Surgery will be canceled for patients who have not adhered to this strict protocol.
- Patient must discontinue Aspirin, Motrin or Advil one week before surgery
- Patients who present with any illness or infection within 3-4 days of surgery must be seen by the PCP to obtain clearance for surgery.
Surgery will be canceled for patients who are ill on the date of surgery

- *Other instructions*

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