

HOW TO ADMINISTER NASAL SPRAYS

Patient's head should be tilted back for all nasal sprays

Patients over 18 months of Age

→ Saline Nasal Mist or Saline Drops (3 times daily)

Place saline mist nozzle in each nostril and press.

Patient should “taste” the saline.

Especially for night saline treatment, blow nose or suction with a bulb syringe and then replaced with more saline

→ Nasonex (once per day)

In the morning, following Saline Mist treatment, administer 2 sprays of Nasonex in each nostril until the patient “tastes” the Nasonex. DO not blow or suction nose following Nasonex treatment