

## PRE-OPERATIVE INSTRUCTIONS

### Holy Name Medical Center

Address: 718 Teaneck Road, Teaneck, NJ 07666

Surgery Questions: (201) 833-3000, Option 3

Pre-Operative Testing: (201) 833-7000, Option 4

### SCHEDULING YOUR SURGERY

Our office will contact you within one week to confirm your surgery date. Your exact surgery time is assigned by the hospital and is typically finalized 1–2 days before surgery with our youngest patients scheduled earliest. **You will receive a call from our office the business day before surgery with your hospital arrival time.**

*Please note: A \$100 fee applies to cancellations or rescheduling for non-medical reasons once surgery has been scheduled.*

### PRE-OPERATIVE TESTING

Holy Name Medical Center will contact you within two weeks of surgery if Pre-operative Respiratory Panel testing is required. If so, it will be scheduled within a week before surgery.

If the patient develops fever, cough, congestion, flu symptoms, COVID symptoms, or any respiratory illness within 10 days of surgery, please contact Holy Name Medical Center at (201) 833-7000, Option 3 for further instructions.

If the patient develops any illness, fever, infection, significant cough, or respiratory symptoms within 3–4 days of surgery, the primary care physician (PCP) must evaluate the patient to be cleared for surgery.

For the safety of all patients, surgery will be postponed if the patient is ill on the day of surgery.

### EATING and DRINKING BEFORE SURGERY

For your child's safety, these instructions must be followed exactly. Failure to comply will result in cancellation of surgery.

After Midnight:

No food of any kind.

Children Age 12 and Under:

May have water, apple juice, light tea or Pedialyte only until four (4) hours before surgery. After that, nothing to eat or drink until surgery.

Patients Over Age 12:

No food or liquids for 7 hours before surgery.

### QUESTIONS?

Please call our office at **(201) 996-9200** with any concerns. We are honored to be part of your child's care.